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# **Travel Information for RUNN Course Attendees**

# Staying at the MBL

- RUNN Course attendees will have accommodations at the MBL in <u>Swope Building</u> or <u>Ebert Hall</u>.
- Housing confirmation will be received when check-in occurs on-site as the facility can make changes up until the moment of check-in depending on the circumstances.

# Swope Building

- Located at 7 MBL Street, Woods Hole, MA, 02543
- The accommodations of Swope Building are traditional college dormitory. Rooms are equipped with 2 twin beds. Each unit has two nightstands, a desk, lamps, telephone, and wardrobes.
- Each room has a full bath.
- Linen service provides sheets, blankets, and towels.

## Ebert Hall

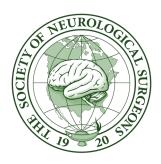
- Located at 24 MBL Street, Woods Hole, MA 02543
- The accommodations of Ebert are traditional college dormitory with some rooms overlooking Eel Pond. Ebert has double rooms, singles, 2-bedroom suites with shared bath and dormitory shared bathrooms.
- o Room Features: sink, desk, twin beds.
- Sheets, blankets, and towels are provided.
- Housing Policies of the MBL.
  - At the RUNN Course, dormitory parties/gatherings are not permitted.
- Please note: Spouses, partners, friends, or pets are not permitted to stay in the MBL accommodations.
  - Registered attendees of the course may be permitted to room with their spouse/partner if spouse/partner is also a registered attendee of the course, with the approval of academic institution(s).

### Meals

- All meals are provided in your registration fee except for food & beverage needed during travel.
- You must wear your badge to access the cafeteria for all meals.
- On some evenings, beer, wine, and snacks are provided late into the night to encourage small group discussions and interactions.

#### Exercise

- Gym / Workout facilities are not provided at the MBL.
- Many attendees take advantage of the beautiful surroundings and walk or run throughout the campus and town.



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# Items to consider when packing:

- Clothing
  - Dress is casual.
  - Be sure to check the forecast prior to arrival. Cold weather and rain are likely to occur this time
    of year.
  - Some events will be outside.
  - Laundry services will not be available.
  - o All attendees will receive a RUNN Course hoodie upon their arrival.
- Flip flops for the showers
- Toiletries
  - Travel caddy for toiletries
- Additional blankets or pillows if the above offerings do not accommodate your needs.
- Medicine such as Advil, Tylenol, Antacid, Antihistamine, etc.
  - Please note: Woods Hole is a beautiful and quaint community but has one store within walking distance of the MBL with limited hours and offerings.
- Snacks
  - You will be staying in dorm rooms, and we remember what those days were like, late night snacks may be something you find yourself wanting.
    - Delivery options and local eateries are limited.

# **Travel to Woods Hole**

- The MBL is located in Woods Hole on the southern tip of Cape Cod, about 75 miles south of Boston.
- Travelers coming by plane should arrange their arrival/departure from either Logan Airport in Boston or TF Green Airport in Providence.
- There is bus service directly from Logan or Providence to Woods Hole. Please contact Peter Pan Bus Lines online at http://www.peterpanbus.com to make your reservation.
  - You will board the bus to Woods Hole outside the baggage claim area. After a two-hour ride, the bus will arrive in front of the Steamship authority in Woods Hole.
  - From the bus depot, turn left on Water Street, then right on MBL Street (5–10-minute walk) to Swope Hall.
- We suggest that you do not fly into Hyannis (which is the closest airport to Woods Hole); there is no
  public transportation between Hyannis and Woods Hole, and car rentals are very limited.

# Parking

- Parking at the MBL and in Woods Hole is extremely limited and regulated.
- The SNS recommends that you take the Peter Pan Bus from the airport in lieu of renting a vehicle.
- A parking permit must be displayed to park in any MBL lot. They are issued at the Swope Front Desk.
- Avoid parking on the street at an expired meter or you will be guaranteed a ticket!



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# Check-In

- Check-In occurs in Swope Hall (7 MBL Street, Woods Hole, MA 02543).
  - o If checking in after hours, please press the blue button to the left of the front door and security will come to check you in.
- A photo I.D. is required at check-in.
- The front desk will issue your room key and name badge.
- Room keys must be returned, or a \$60.00 lost key fee will be assessed to you by the MBL.
- MBL issued ID Badges must be worn at all times.
- Lost Campus Cards will be replaced for a fee of \$25.00 per card.